

**February 2020 2South WELLNESS CALENDAR**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1 9:30 This week In Review 10:30 Manicures 11:30 Revive &amp; Refresh 1:30 Music History 2:30 Rhythm Band 3:30 Saturday Show Tunes</p>
<p>2 9:30 Ball Toss 2:30 Chapel Service 4:30 Trivia Time</p>	<p>3 9:30 Balloon Volleyball 10:30 Devotions 11:30 Revive &amp; Refresh 1:30 Manicures 2:30 Exercise 4:30 Bean Bag Football 7:00 Story Time</p>	<p>4 9:30 News and Views 10:30 Hymn-story 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Expressive Arts 4:30 This Day in History 7:00 Tea Time</p>	<p>5 9:30 Bible Art 10:30 Sing Along 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Pottery 4:30 Global Grooves 7:00 Poetry Corner</p>	<p>6 9:00 Target Shopping Outing- Sign up! 9:30Bible Study 10:30 Looking Ahead 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Coloring 4:30 Global Tour 7:00 Yoga and Relaxation</p>	<p>7 9:30 History Hour 10:30 Chaplain Chat 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Rhythm Band 4:00 Bingo 7:00 Movie Night</p>	<p>8 9:30 This week in Review 10:30 Manicures 11:30 Revive &amp; Refresh 1:30 Parachute Games 2:30 Blue Tree Music Education Recital - 2N 3:30 Saturday Show Tunes</p>
<p>9 9:30 Ball Toss 2:30 Chapel Service 4:30Finish the Phrase</p>	<p>10 9:30Storywriting 10:30 Devotions 11:30 Revive &amp; Refresh 1:30 Manicures 2:30 Exercise 4:30 Love Stories</p>	<p>11 9:30 News and Views 10:30 Hymn-story 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Cookie Decorating 4:30 Art History 7:00Greater Friendship (3N)</p>	<p>12 9:30 Bible Art 10:30 Catholic Communion Service- 3S 10:30 Bike Rides 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Crafts 4:30 Dances Around the World 7:00 Poetry Corner</p>	<p>13 9:30 Bible Study 10:30 Name That Love Song 11:30 Revive &amp; Refresh 12:00 Wendy's Lunch Bunch 2:30 Coloring 4:30 Global Tour 7:00 Yoga and Relaxation</p>	<p>14 9:30 Valentines Day History 10:30 Chaplain Chat 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Valentine's Day Social - 2 4:00 Bingo 7:00 Movie Night</p>	<p>15 9:30 This week in Review 10:30 Manicures 11:30 Revive &amp; Refresh 1:30 Romances to Remember 2:30 Tzu Chi Foundation Program - 2N 3:30 Saturday Show Tunes</p>
<p>16 9:30 Ball Toss 2:30 Chapel Service 4:30 Trivia Time</p>	<p>17 9:30 Word Games 10:30 Devotions 11:30 Revive &amp; Refresh 1:30 Manicures 2:30 Exercise 4:30 Bowling 7:00 Story Time</p>	<p>18 9:30 News and Views 10:30 Hymn-story 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Expressive Arts 4:30 This Day in History 7:00 Word of Grace (3N)</p>	<p>19 9:30 Bible Art 10:30 Nature Cart 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Pottery 4:30 Dances Around the World 7:00 Poetry Corner</p>	<p>20 9:30 Bible Study 10:30 Scattergories 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Coloring 4:30 Global Tour 7:00 Yoga and Relaxation</p>	<p>21 9:30 History Hour 10:30 Chaplain Chat 11:30 Revive &amp; Refresh 1:30Exercise 2:30 Birthday Party with the Fire Spice Band (2N) 4:00 Bingo 7:00 Movie Night</p>	<p>22 9:30 This Week in Review 10:30 Manicures 11:30 Revive and Refresh 1:30 Activity Time 2:30 St. Helena's Musical Troop - 3N 3:30 Saturday Show Tunes</p>
<p>23 9:30 Ball Toss 2:30 Chapel Service 4:30Alphabetics</p>	<p>24 9:30Nature Cart 10:30 Devotions 11:30 Revive &amp; Refresh 1:30 Manicures 2:30 Exercise 4:30 February Jeopardy 7:00 Story Time</p>	<p>25 9:00 Presidential Primary Voting – 2N 9:30 Balloon Volleyball 10:30 Hymn-story 11:30 Revive &amp; Refresh 2:30 Mardi Gras Pancake Party – 2N 4:30 Science through the Years 7:00 Tea Time</p>	<p>26 9:30 Bible Art 10:30 Catholic Communion Service – 3S 10:30 Bike Rides 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Crafts 4:30 Dances Around the World 7:00 Poetry Corner</p>	<p>27 9:30 Bible Study 10:30 Sing Along 11:30 Revive &amp; Refresh 1:30Exercise 2:30 Chili Cook Off- 2N 4:30 Global Tour 7:00 Yoga and Relaxation</p>	<p>28 9:30 History Hour 10:30 Chaplain Chat 11:30 Revive &amp; Refresh 1:30 Exercise 2:30 Wellness Spotlight – 2N 4:00 Bingo 7:00 Movie Night</p>	<p>29 9:30 This Week in Review 10:30 Manicures 11:30 Revive &amp; Refresh 1:30 Story writing 2:30 Coloring 3:30 Saturday Show Tunes</p>

