

BREAKFAST**LUNCH****DINNER****MONDAY**

Oatmeal
Scrambled Eggs
Wheat Toast

Alt: Cold Cereal
Poached Egg
White Toast

Meatloaf
Mashed Potatoes/Gravy
Herbed Cauliflower
Pumpkin Bar

Alt: Chef Salad

Chicken Rice Casserole
4 Way Veggies
Frosted White Cake
Alt: Cottage Cheese Fruit Plate

TUESDAY

Cream of Wheat
French Toast
Pork Sausage Link

Alt: Cold Cereal
Scrambled Eggs
Wheat Toast

BBQ Pork on a Bun
Potato Salad
Creamy Coleslaw
Vanilla Pudding
Alt: Baked Chicken Breast
Mashed Potatoes

Sloppy Joe on a Bun
Potato Wedges
Baked Bean
Watermelon Cubes
Alt: Tuna Salad on Wheat
Potato Chips

WEDNESDAY

Chef's Choice Egg of Day
Oatmeal
Wheat Toast
Alt: Cold Cereal
Scrambled Eggs
White Toast

Sweet and Sour Chicken
White Rice
Oriental Blend
Sugar Cookie
Alt: Chicken Breast/Mashed
Potatoes

Beef Pizza Casserole
Lettuce Salad
Bread Stick
Rice Krispie Bar
Alt: Vegetable Barley Soup and
sandwich of the day

THURSDAY

Cream of Rice
Fried Egg
Bacon
Wheat Toast
Alt: Cold Cereal
Poached Eggs
White Toast

Chicken Enchilada Casserole
Spanish Rice
Lettuce Salad/Sour Cream
PB Chocolate Chip Bar
Alt: Beef Patty w/ Gravy
Mashed Potatoes

Ham & Turkey Sub
Potato Chips
Creamy Coleslaw
Fresh Fruit of the Day
Alt: Chicken Patty on a Bun

FRIDAY

Oatmeal w/Peaches
Scrambled Eggs
Wheat Toast

Alt: Cold Cereal
Poached Eggs
White Toast

BBQ Riblette
Mashed Potatoes/Gravy
Creamstyle Corn
Pineapple tidbits
Alt: Salisbury Steak

Chili with Beans
Corn Bread
Herbed Diced Beets
Peanut Butter Cookies
Alt: Egg Salad Sandwich
Soup of the Day

SATURDAY

Cream of Wheat
Poached Egg
White Toast
Alt: Cold Cereal
Scrambled Eggs
Wheat Toast

Manicotti w/ Meat Sauce
Garlic Bread stick
Herbed Diced Carrots
Whipped Gelatin
Alt: Soup and Sandwich of the Day

Chicken Breast on a Bun
Potato Chips
Navy Beans
Frosted Chocolate Cake
Alt: Soup and Sandwich of the
Day

SUNDAY

Oatmeal
Egg & Vegetable Bake
Donut Holes

Alt: Cold Cereal
Poached Eggs
Wheat Toast

Beef Stew
Lettuce Salad
Wheat Bread
Chilled Peaches
Alt: Baked Fish
Mashed Potatoes

Macaroni & Cheese
Potato Wedges
Green Peas
Whipped gelatin
Alt: Soup and Sandwich of the
Day

Menus subject to change

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Wheat Toast

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Poached Egg
White Toast

Meatloaf
Mashed Potatoes/Gravy
Herbed Cauliflower
Pumpkin Bar

Alt: Chef Salad

Chicken Rice Casserole
4 Way Veggies
Frosted White Cake
Alt: Cottage Cheese Fruit Plate

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Cream of Wheat
French Toast
Pork Sausage Link

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Wheat Toast

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Potato Salad
Creamy Coleslaw
Vanilla Pudding

Alt: Baked Chicken Breast
Mashed Potatoes

Sloppy Joe on a Bun
Potato Wedges
Baked Bean
Watermelon Cubes
Alt: Tuna Salad on Wheat
Potato Chips

WEDNESDAY

Chef's Choice Egg of Day
Oatmeal
Wheat Toast
Alt: Cold Cereal
Scrambled Eggs
White Toast

Sweet and Sour Chicken
White Rice
Oriental Blend
Sugar Cookie
Alt: Chicken Breast/Mashed
Potatoes

Beef Pizza Casserole
Lettuce Salad
Bread Stick
Rice Krispie Bar
Alt: Vegetable Barley Soup and
sandwich of the day

THURSDAY

Cream of Rice
Fried Egg
Bacon
Wheat Toast
Alt: Cold Cereal
Poached Eggs
White Toast

Chicken Enchilada Casserole
Spanish Rice
Lettuce Salad/Sour Cream
PB Chocolate Chip Bar
Alt: Beef Patty w/ Gravy
Mashed Potatoes

Ham & Turkey Sub
Potato Chips
Creamy Coleslaw
Fresh Fruit of the Day
Alt: Chicken Patty on a Bun

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Navy Beans
Frosted Chocolate Cake
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Day

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