

BREAKFAST**LUNCH****DINNER****MONDAY**

Oatmeal
Hard Boiled Egg
Apple Muffin

Alt: Cold Cereal
Scrambled Egg
Wheat Toast

Rosemary Chicken
Sage Bread Dressing
Herbed Green Beans
Chocolate Pudding

Alt: Healthy Choice Fish

Turkey Ham Cheese Sub
Potato Chips
Tomato Cucumber Salad
Sugar Cookie

Alt: Cottage Cheese Fruit Plate

TUESDAY

Cream of Wheat
Scrambled Egg
Wheat Toast

Alt: Cold Cereal
Hard Boiled Eggs
White Toast

BBQ Pork on a Bun
Potato Salad
Creamy Coleslaw
Watermelon Cubes

Alt: Salisbury Steak
Mashed Potatoes

Chicken Rice Casserole
Seasoned Corn
Cinnamon Applesauce

Alt: Chef Salad

WEDNESDAY

Oatmeal
Fried Egg
Wheat Toast

Alt: Cold Cereal
Scrambled Eggs
White Toast

Meatballs and Gravy
Parslied Egg Noodles
Herbed Cauliflower
Peach Cobbler

Alt: Baked Chicken Breast
Mashed Potatoes

Split Pea & Ham Soup
Turkey & Cheese on Wheat
Oatmeal Raisin Cookie

Alt: Tuna Salad Sandwich
Potato Chips

THURSDAY

Cream of Rice
French Toast
Bacon

Alt: Cold Cereal
Scrambled Eggs
Wheat Toast

Pork Chop & Apples
Baked Potatoes
Green Bean Casserole
Chilled Pears

Alt: Chef Salad

Sloppy Joe on a Bun
Potato Wedges
Creamy Coleslaw
Tapioca Pudding

Alt: Chicken Patty on a Bun

FRIDAY

Apple Cinnamon Oatmeal
Scrambled Eggs
Wheat Toast

Alt: Cold Cereal
Poached Eggs
White Toast

Tater Tot Casserole
Herbed Diced Carrots
Wheat Bread
Mandarin Oranges

Alt: Cottage Cheese Fruit Plate

Hot Dog on a Bun
Baked Beans
Tater Tots
Lemon Bar

Alt: Tuna Pasta Salad
Parmesan Breadstick

SATURDAY

Cream of Wheat
Poached Egg
Wheat Toast

Alt: Cold Cereal
Scrambled Eggs
White Toast

Roast Turkey
Mashed Potatoes w/ Gravy
4 Way Veggies
Frosted Brownie

Alt: Baked Beef Patty

Hamburger on a Bun
Roasted Red Potatoes
Lettuce Salad
Chilled Pineapple Tidbits

Alt: Sandwich of the Day
Soup of the Day

SUNDAY

Oatmeal
Egg and Ham Bake
Wheat Toast

Alt: Cold Cereal
Scrambled Eggs
White Toast

Baked Glazed Ham
Mashed Potatoes/gravy
Broccoli
Lemon Pudding

Alt: Baked Chicken Breast

Spaghetti & Meat Sauce
Herbed Green Beans
Garlic French Bread
Banana

Alt: Breaded Cod on a Bun

*Menu subject to change