

BREAKFAST**LUNCH****DINNER****MONDAY**

Oatmeal
Scrambled Eggs
Wheat Toast

Alt: Cold Cereal
Poached Egg
White Toast

Beef Stew
Lettuce Salad
Wheat Bread
Chilled Peaches

Alt: Italian Baked Fish
Mashed Potatoes

Turkey Noodle Casserole
4 Way Veggies
Frosted White Cake
Alt: Chef Salad

TUESDAY

Cream of Wheat
French Toast
Pork Sausage Link

Alt: Cold Cereal
Scrambled Eggs
Wheat Toast

Country Fried Steak
Mashed Potatoes w/ Gravy
Herbed Diced Carrots
Whipped Gelatin

Alt: Eggplant Parmesan

Sloppy Joe on a Bun
Potato Wedges
Baked Bean
Watermelon Cubes
Alt: Chicken Patty on a Bun

WEDNESDAY

Oatmeal
Hard Boiled Egg
Wheat Toast

Alt: Cold Cereal
Scrambled Eggs
White Toast

Hot Turkey Sandwich
Mashed Potatoes/Gravy
Herbed Green & Gold Beans
Chilled Pears

Alt: Chef Salad

Beef Pizza Casserole
Lettuce Salad
Bread Stick
Rice Krispie Bar
Alt: Soup and Sandwich of the Day

THURSDAY

Cream of Rice
Fried Egg
Wheat Toast

Alt: Cold Cereal
Poached Eggs
White Toast

**Lemon and garlic
Chicken Thigh**
Baked Potatoes
Buttered Peas
PB Chocolate Chip Bar
Alt: Beef Patty w/ Gravy
Mashed Potatoes

BBQ Pork on a Bun
Potato Chips
Creamy Coleslaw
Orange Wedges

**Alt: Seafood Pasta Salad
French Bread**

FRIDAY

Oatmeal w/Peaches
Scrambled Eggs
Wheat Toast

Alt: Cold Cereal
Poached Eggs
White Toast

**Salisbury Steak
Mashed Potatoes/Gravy**
Creamstyle Corn
Pineapple tidbits

Alt: BBQ Riblette

Turkey Ranch Pasta Salad
Wheat Dinner Roll
Peanut Butter Cookies

Alt: Egg Salad Sandwich

Soup of the Day

SATURDAY

Cream of Wheat
Poached Egg
White Toast

Alt: Cold Cereal
Scrambled Eggs
Wheat Toast

Baked Ham
Au gratin Potatoes
Green Bean Casserole
Vanilla Pudding

**Alt: Baked Chicken Breast
Mashed Potatoes**

Chicken Breast on a Bun
Potato Chips
Diced Pickled Beets
Frosted Chocolate Cake
Alt: Soup and Sandwich of the Day

SUNDAY

Oatmeal
Egg & Vegetable Bake
Donut Holes

Alt: Cold Cereal
Poached Eggs
Wheat Toast

Turkey Meatloaf
Mashed Potatoes
Herbed Cauliflower
Frosted Pumpkin Bar

Alt: Chef Salad

Macaroni & Cheese
Potato Wedges
Green Peas
Whipped gelatin

Alt: Soup and Sandwich of the Day

*Menu subject to change