

July 2018 TWO SOUTH WELLNESS CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Balloon Volleyball 2:30 Chapel Service – 2S 4:30 Trivia Time	2 9:30 Devotions 10:30 Improv Games 11:30 Revive and Refresh 1:30 Manicures 1:30 Men's Club 2:30 Mindfulness and Movement 4:30 This Day in History 5:00 Local News 7:00 Hand Massage	3 9:30 Communion Service 10:30 News & Views 11:30 Revive and Refresh 1:30 Exercise 2:30 Expressive Arts 4:30 Who Am I? 5:00 Local News 7:00 Tea Time	4 9:30 Trivia Dice 10:00 The Price is Right 11:30 Revive and Refresh 12:00 4 th of July Grill Out 2:30 Afternoon Exercise 3:30 Bomb Pop Social 5:00 Local News 7:00 Poetry Corner	5 9:30 Hymn Sing 10:30 Famous Faces 11:30 Revive and Refresh (Brett) 1:30 Afternoon Exercise 2:30 Rhythm Band 4:30 Word games 5:00 Local News 7:00 The Dick Van Dyke Show	6 9:30 Chaplain Chat 10:30 July Tidbits 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Musical Jeopardy 4:15 Bingo 5:00 Local News 7:00 Movie Night: Uncle Buck	7 9:30 News & Views 10:30 Manicures 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Outside Visits 4:00 Saturday Show Tunes: I Dream of Jeanie
8 9:30 Balloon Volleyball 2:30 Chapel Service – 2S 4:30 Finish the Phrase	9 9:30 Devotions 10:30 This Day in Music 11:30 Revive and Refresh 1:30 Manicures 2:30 Mindfulness and Movement 4:30 July Trivia 5:00 Local News 7:00 Hand Massage	10 9:30 Communion Service 10:30 News & Views 11:30 Revive and Refresh 1:30 Exercise 2:30 Expressive Arts 4:30 Name 10 5:00 Local News 7:00 Tea Time	11 9:30 Jump Start with Chaplain Randy 10:30 Catholic Communion Service – 3N 10:30 Noodle Ball 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Crafts 4:30 Dances Around the World 5:00 Local News 7:00 Storytime	12 9:30 Hymn Sing 10:30 Bible Study 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Coloring Club 4:30 Outdoor Visits 5:00 Local News 7:00 Yoga & Relaxation	13 9:30 Chaplain Chat 10:30 Name That Tune 11:30 Revive and Refresh 1:30 Exercise 2:30 Root Beer Float Social- Courtyard 4:15 Bingo 5:00 Local News 7:00 Movie Night: Shark Tale	14 9:30 News & Views 10:30 Skee Ball 11:30 Revive and Refresh 1:30 Manicures 2:30 Outside Visits 4:00 Saturday Show Tunes: Moulin Rouge
15 9:30 Ball Toss 2:30 Chapel Service – 2S 4:30 Alphabetics	16 9:30 Devotions 10:30 Activity with Judy 11:30 Revive and Refresh 1:30 Manicures 1:30 Men's Club 2:30 Mindfulness and Movement 4:30 Where in the World? 5:00 Local News 7:00 Hand Massage	17 9:30 Communion Service 10:30 News & Views 11:30 Revive and Refresh 12:00 Lunch Bunch: Burger King-Sign up! 2:30 Expressive Arts 4:30 Dice Baseball 5:00 Local News 7:00 Word of Grace Hymn Sing	18 9:30 Jump Start with Chaplain Randy 10:30 Basketball 10:30 Healing Prayer Service – 3N 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Coloring Club 4:30 Ball Trivia 5:00 Local News 7:00 Poetry Corner	19 8:00 Fishing Outing 9:30 Hymn Sing 10:30 Activity Time 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Sensory Explorations 4:30 Outside Visits 5:00 Local News 7:00 Dragnet	20 9:30 Chaplain Chat 10:30 Songwriting 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 This Week in History 4:15 Bingo 5:00 Local News 7:00 Movie Night: Enchanted	21 9:30 News & Views 10:30 Manicures 11:30 Revive and Refresh 1:30 Outdoor Visits 2:30 Tzu Chi Foundation Program – 2N 4:00 Saturday Show Tunes: Showboat
22 9:30 Balloon Volleyball 2:30 Chapel Service – 2S 4:30 Finish the Phrase	23 9:30 Devotions 10:30 Sing Along 11:30 Revive and Refresh 1:30 Manicures 2:30 Mindfulness and Movement 4:30 This Day in History 5:00 Local News 7:00 Hand Massage	24 9:30 Communion Service 10:30 News & Views 11:30 Revive and Refresh 1:30 Exercise 2:30 Let's Bake: Lemon Cookies 4:30 July Birthday Party 5:00 Local News 7:00 Tea Time	25 9:30 Jump Start with Chaplain Randy 10:30 Catholic Communion Service – 3N 10:30 Noodle Ball 11:30 Revive and Refresh 1:30 Exercise 2:30 Coloring Club 4:30 Dances Around the World 5:00 Local News 7:00 Storytime	26 9:30 Hymn Sing 10:30 Famous Faces 11:30 Revive and Refresh 1:30 Exercise 2:30 Crafts 2:30 Coffee Outing 4:30 Outdoor Visits 5:00 Local News 7:00 Yoga & Relaxation	27 9:30 Chaplain Chat 10:30 Creative Storytelling 11:30 Revive and Refresh 1:30 Afternoon Exercise 2:30 Friday Party with Curtis and Loretta-2N 4:15 Bingo 5:00 Local News 7:00 Movie Night: Beethoven	28 9:30 News & Views 10:30 Manicures 11:30 Revive and Refresh 1:30 Outside Visits 2:30 St. Helena's Musical Troop – 3N 4:00 Saturday Show Tunes: Hello Dolly!
29 9:30 Ball Toss 2:30 Chapel Service – 2S 4:30 Alphabetics	30 9:30 Stories of the Heart 10:30 Sing Along 11:30 Revive and Refresh 1:30 Manicures 1:30 Men's Club 2:30 Mindfulness and Movement 4:30 Art History 5:00 Local News 7:00 Hand Massage	31 9:30 Communion Service 10:30 News & Views 11:30 Revive and Refresh 1:30 Exercise 2:30 Expressive Arts 4:30 You be the Judge 5:00 Local News 7:00 Tea Time				

**** Programs, Times & Locations subject to change. Please see daily schedules posted on the bulletin board by the nurses' station for list of current activities.**

